



The North Island Triple Crown

The North Island Triple Crown is a series of three iconic NZ trail runs including the Tois Challenge, The Great Cranleigh Kauri Run and the Goat.

These runs include a great diversity of conditions including the spectacular beaches of the Eastern Bay of Plenty, the rugged bush of the Coromandel Peninsula and the mountains of the central plateau.

The event dates are as follows:

- o The Tois Challenge - Sunday 15th November
- o The Great Cranleigh Kauri Run Saturday 21st November
- o The Goat Saturday 5th December.

The events are succinctly spaced over a month, giving runners sufficient time to recover in time for the next challenge.

Triple Crown points will be given to the first five men and women in each race and the overall man and women with the most points over the series will be declared the Triple Crown Champion and win a special trophy and \$1,000 in cash. There will also be a separate competition for:

Masters Competitors (40-49)
Classic Runners (50+).

Runners competing in all three Triple Crown events will be given a special race shirt to be worn at each event and should register their participation on the Great Cranleigh Kauri Run or the Goat website as part of the online entry process.

Further information on this iconic series of trail runs can be found on the race websites:

- Tois Challenge - www.sportsground.co.nz/whakataneahc
Or www.whakatane.com
- The Great Cranleigh Kauri Run www.arcevents.co.nz/kaurirun
- The Goat www.thegoat.co.nz